

# INTERNATIONAL STUDENT HEALTH PROGRAM



MOUNT ROYAL  
UNIVERSITY  
1910

COVERAGE IS MANDATORY TO KEEP YOU SAFE AND YOU MUST PURCHASE BEFORE YOU ARRIVE IN CANADA

**\$5,000,000  
OVERALL  
COVERAGE**

- COVID-19
- DOCTOR APPOINTMENTS
- EMERGENCY HOSPITAL VISITS
- LAB TESTS SUCH AS BLOOD WORK
- X-RAY
- AMBULANCE
- OUTPATIENT PSYCHOLOGIST / PSYCHIATRIST
- TRAVEL COVERAGE
- DIABETIC & ASTHMA SUPPLIES
- EMERGENCY DENTAL & EMERGENCY PRESCRIPTIONS

## HOW TO PURCHASE COVERAGE:

1. VISIT [WWW.STUDENTVIP.CA/MRUHELP](http://WWW.STUDENTVIP.CA/MRUHELP)
2. CLICK "BUY NOW" BUTTON
3. CLICK "BUY NOW SINGLE"
4. YOU WILL NEED TO CREATE A LOGIN
  - CLICK "CLICK HERE TO REGISTER"
  - ENTER ALL REQUIRED INFORMATION
  - CREATE A PASSWORD
  - COMPLETE BY CLICKING "REGISTER"
5. ONCE YOU HAVE LOGGED IN, YOU CAN COMPLETE YOUR PURCHASE
6. PUT IN ALL REQUIRED INFORMATION
7. CHOOSE YOUR COVERAGE DATES
8. PROVIDE PAYMENT INFORMATION
9. PRESS "SUBMIT MY INFORMATION"
10. YOU WILL GET AN AUTOMATIC EMAIL CONFIRMING IF YOUR PURCHASE HAS BEEN SUCCESSFUL
11. YOU WILL GET A SECOND EMAIL WITH YOUR POLICY INFORMATION AND HEALTH PLAN CARD

Virtual health care services available from your bedroom or classroom through



**Direct2U**  
HEALTH HUB

DOCTORS | COUNSELLING | VIRTUAL PHARMACY | FITNESS

...AND MORE



**I.M. Well**

Connecting you to private counsellors to listen and provide help.

**There's always someone to talk to.**



Live Chat



Connect



24/7/365



Online Access

**1-877-55-IMWELL**

(1-877-554-6935)

