

Artist Statement

Even in a world full of digital media, being able to have a hardcopy of eye-catching information is still appreciated. Brochures are a big part of the healthcare industry because it helps healthcare professionals and patients to become more informed about specific topics. By creating this brochure it is an opportunity to showcase information found throughout the Catamount Fellowship in a shortened context. It also provided the opportunity to let my creative side, that is usually tucked away, have a moment to shine. It is important to myself to promote the ways healthcare can be transformed for today's youth because I have spent the past academic year diving into this social issue. As a future healthcare professional I hope one day I can be a part of and see some of these ideas shape into reality.



HOW TO TRANSFORM HEALTHCARE FOR TODAY'S YOUTH

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WHO IS CONSIDERED YOUTH?

For the purposes of this deliverable in the Catamount Fellowship, youth is defined as 13-25 years old.

WHAT IS HAPPENING IN HEALTHCARE FOR TODAY'S YOUTH?

Youth are not accessing healthcare in a way they need due to the lack of education, parental involvement, and the lack of safety and comfortability.

WHY IT IS IMPORTANT TO TRANSFORM HEALTHCARE FOR TODAY'S YOUTH

This is considered a social issue due to our youth being emerging adults that should be able to access their own healthcare needs.

This brochure is intended to highlight the findings found in order to transform the healthcare system for today's youth.



MENTAL HEALTH

- Youth is often the high-risk group for emerging mental health problems.
- Inadequate access to mental health services is the biggest barrier.
- Providing youth with a safe environment to access mental health services is strongly recommended.

HEALTH SERVICES EDUCATION



- Most school curriculum's prioritize sex education instead of health services education.
- Youth lack knowledge on how to communicate with healthcare practitioners about their needs when seeking health advice.
- By incorporating a health services education module into the school curriculum, youth will be able to understand and navigate the healthcare system on their own.

- Youth minority groups often do not seek healthcare services due to the lack of equity in the healthcare system.
- Systemic racism is still very high within the healthcare system.
- By providing healthcare practitioners with the proper training regarding cultural safety and cultural competency, the healthcare system can be a safer environment for all.

CULTURALLY RESPONSIVE HEALTHCARE



ACCESSIBLE HEALTHCARE PRACTITIONERS



- Many youth do not understand the importance of healthcare practitioners.
- Not every healthcare practitioner works for every individual.
- By providing youth the opportunity to have access to healthcare practitioners they can trust, it could expand use of services.



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