The Box of conformity

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While listening to the audio, imagine a place on the land that you feel connected to and picture all the elements contained within. This creative work seeks to depict an abstract and imaginative situation of finding your way through life and staying connected to the land, always remembering the importance of caring for all that is around you. We forget about the importance of this connection because we live in a society that does not want us to worry about how we are hurting the land. Letting ourselves be confined to a box conformity causes us to lose sight of how much we rely on the land, and all the conditions that allow us to exist. To resist this, it is imperative that we get out onto the land in a way that seeks to connect us through all our relations to be with the land.

All our relations are critical to understanding the need for connection and we cannot see that if we are stuck in a mindset that views nature, life and all that is contained within it as some sort of commodity or resource. The land and our environment is suffering at the hands of human beings because of how much we have lost sight of living in balance and harmony with our planet. The behavior of mass consumption and the need to extract our planet's resources is not sustainable and the planet is calling for us to climb out of this box and back into the embracing arms of Mother Earth.

Audio File: https://drive.google.com/file/d/1fqPKByd0SyBHi19KbblhGZijHart 0Nl/view?usp=sharing