

## **Cougar Athletics - Athlete of the Week (November 14 - 20, 2011)**

**Female – Kat McDonald**



Second-year MRU forward Kat McDonald has been a point-per-game player for the Cougars this season and this past weekend was no exception.

In a 4-2 win on Friday versus the SAIT Trojans, Kat got the scoring started for the Cougars, netting her third goal of the year on the powerplay.

Saturday, Kat was play-making all over the ice, netting a pair of assists in a 7-1 win over the Trojans.

In ten games this season, Kat has netted nine points and will look to keep the positive momentum flowing with a pair of games this weekend versus the NAIT Ooks, in a battle for first place in the ACAC.

Born and bred in Kamloops, BC, Kat studies in the Bachelor of Child Studies program at MRU. Congratulations Kat!

**Male – Nick Loewen**



Fourth-year Mount Royal University Cougars forward Nick Loewen helped improve the Cougars to a 7-1 this season with a pair of weekend wins over the Grant MacEwan Griffins and Keyano Huskies.

In a 78-54 win on Friday, Nick contributed 10 points in 22 minutes of play, adding seven rebounds, including six offensive boards, as well as two assists and two steals.

Nick continued his strong play into Saturday, leading the team in scoring with 26 points, shooting 67 percent from the field, while also adding four rebounds and a steal.

On the season, Nick sits fifth in the south division in scoring, averaging 15.6 points per game.

A native of Winnipeg, Manitoba, Nick is in his fourth-year in the Bachelor of Business Administration program at MRU.

Congratulations on a well deserved Athlete of the Week Nick!