

## **Cougar Athletics - Athlete of the Week (October 17 – 23, 2011)**

**Female – Danica Rybachuk**



Mount Royal University Cougars women's basketball guard Danica Rybachuk opened the season off with a pair of noteworthy performances, racking up 29 points, nine rebounds and four steals in two games this weekend.

Opening the season on Friday night, Danica poured in 15 points, including 3-6 from beyond the arc, while also adding in three rebounds and a steal as the Cougars won on the road, 70-60 versus Medicine Hat.

Saturday, Danica was every more impressive, totalling 14 points, six rebounds and three steals in 32 minutes - all while being marked by one of the ACAC's best in all-conference guard Courtney Heinrichs as the Cougars won 73-69.

A product of Vernon, BC, Danica is enrolled in the Bachelor of Nursing degree program.

Stellar weekend Danica!

## Male – Colton deMan



Mount Royal University men's volleyball player Colton deMan was dominate this past weekend, leading his Cougars to a pair of wins over the Grand Prairie Regional Wolves.

deMan, a third-year outside hitter from Calgary recorded an outstanding 42 kills in two matches, including four aces, four stuff blocks and nine digs.

In Friday's season opener, deMan was sensational racking up 22 kills, four digs, two blocks and three service aces, including a number of monster kills late in the match, leading the Cougars to a 3-1 win, (25-21, 27-25, 20-25,25-19).

He followed it up with another lights out performance on Saturday,tallying 20 kills, five digs, a service ace and another pair of blocks as the Cougars won 3-1 again, ( 26-24, 18-25, 25-23. 25-22).

His 42 kills lead the conference and his 5.3 kills per set, also tie him from first.

After missing most of last season with injury, it looks like Colton is back in top form and raring to go.

Congratulations on your Athlete of the Week Colton!