



Integrative  
Health Institute

## **Integrative Health Institute (IHI)**

### **Room U267**

Mount Royal University

4825 Mount Royal Gate SW, Calgary

- Park in the Short Term Lot 2; collect ticket upon entering lot
- Enter the university using the "Recreation Entrance"
- Proceed straight ahead towards a climbing wall and turn right
- Entrance to IHI is located immediately beside the Jugo Juice vendor and across from the cougar statue
- Parking fees collected (\$3/hour up to \$10/day) at pay station located just inside Rec Entrance

Below is a link to map highlighting the location of the parking lot and entrance:

[http://www.mtroyal.ca/wcm/groups/public/documents/pdf/pkmap\\_aug12.pdf](http://www.mtroyal.ca/wcm/groups/public/documents/pdf/pkmap_aug12.pdf)