

Mount Royal University
Bachelor of Health and Physical Education
ATHLETIC THERAPY - POST BACHELOR'S CERTIFICATE
 Academic Year 2023-2024



Please use this Planning Guide in conjunction with [mruGradU8](#), the [Academic Calendar](#) and MyMRU.

Semester 1 - Summer

These courses are taken prior to the commencement of the Fall semester. Admission to the program is conditional until these courses are complete.

ATTH 2050 – Professional Practice (contact athletic.therapy@mtroyal.ca for more information)	Registration in Summer semester The Dept will advise you
ATTH 2112 – Clinical Musculoskeletal Anatomy (B- grade minimum)(prereq: “B” in PHYL 1512)	Registration in Summer 2023 semester Attend block weeks in August
First Responder for AT and Taping (non credit courses) (see page 2 of this guide for more information)	August

Semester 2 - Fall

HPED 2030 – Statistics and Research Methods	Only if required
If you do not have a course that <u>automatically</u> transfers for HPED 2030 you should submit a Detailed Course Outline to transfercredit@mtroyal.ca . If equivalency is not granted you will need to take HPED 2030 concurrently with HPED 3030. This will require special permission from the Department. Please email athletic.therapy@mtroyal.ca with your student ID# for registration.	

HPED 3030 – Research Methods and Statistics for Health Professionals (prereq: HPED 2030)
ATTH 3110 – Musculoskeletal Assessment - Peripheral (prereq: ATTH 2050, HPED 2830, 2850, PHYL 3514, 3516. “B-” grade in ATTH 2112 & ATTH 2505)
ATTH 3120 – Therapeutic Modalities (prereq: ATTH 2050, HPED 2830, 2850, PHYL 3514, 3516. “B-” grade in ATTH 2112 & ATTH 2505)
ATTH 3150 – Clinical Practicum I (1.5 cr) (prereq: ATTH 2050, HPED 2830, 2850, PHYL 3514, 3516. “B-” grade in ATTH 2112 & ATTH 2505)
ATTH 3160 – Field Practicum I (1.5 cr) (prereq: ATTH 2050, HPED 2830, 2850, PHYL 3514, 3516. “B-” grade in ATTH 2112 & ATTH 2505)

Semester 3 - Winter

ATTH 3130 – Rehabilitation Techniques I (prereq: HPED 3030 & ATTH 3110 & 3120 & 3150 & 3160)	
ATTH 3152 – Clinical Practicum II (1.5 cr) (prereq: ATTH 3110 & 3120 & 3150)	
ATTH 3162 – Field Practicum II (1.5 cr) (prereq: ATTH 3110 & 3120 & 3160)	
PHYL 2510 – Sport and Exercise Psychology	Only if required
HPED 2507 – Nutrition and Health	Only if required
PHYL 2510 and HPED 2507 are exit requirements and thus, can be taken while at MRU either in Semester 3 or Semester 5. If you have transfer credit for these courses from your previous institution then you are not required to retake them. Be aware that this could affect your registration status, if you have fewer than 9 credits in each semester you will be considered a part-time student and may not be eligible for student funding. It is your responsibility to plan accordingly.	

Semester 4 - Fall

ATTH 4110 – Musculoskeletal Assessment - Spinal (prereq: ATTH 3130, 3152, 3162)
ATTH 4130 – Rehabilitation Techniques II (prereq: ATTH 3130 & 3152 & 3162)
ATTH 4150 – Clinical and Field Practicum III (prereq: ATTH 3110, 3130, 3152, & 3162)

Semester 5 - Winter

ATTH 4140 – Practical Clinical Management and Administration (prereq: ATTH 4110, 4130 & 4150)
ATTH 4152 – Clinical and Field Practicum IV (prereq: ATTH 4110, 4130 & 4150)
ATTH 5100 – Issues in Athletic Therapy (prereq: ATTH 4150)

If you have questions about mruGradU8 or this Planning Guide, please email your Academic Advisor with your full name, student number to athletic.therapy@mtroyal.ca.

Register for ATTH 2112 - 001 *Clinical Musculoskeletal Anatomy* (CRN#30131)

This course runs over the same dates, but different times, as the Athletic Therapy Taping Course (August 8 - 19, 2023, 8:30 am - 12:30 pm.). The final practical exam will be on Saturday, August 19, 2023. This is a CREDIT course and registration can be found in the **Summer 2023 CREDIT** term starting Monday, April 17th, 2023 through MyMRU. **This course requires work to be completed before the first day. Watch for an email to your mtroyal.ca address for more information.**

Register in the First Responder for Athletic Therapy Course

You must successfully complete this course in order to progress to the next series of courses in the Fall semester. It is scheduled over two weeks starting August 21 - Sept. 3, 2023 inclusive of Saturdays and Sundays (9:00 a.m. to 5:00 p.m.). This course combines content from the Canadian Red Cross First Responder course (40 hrs) and content specifically related to Athletic Therapy (approx. 40 hrs). The course fee will include the cost of books and equipment/supplies necessary to move forward in your field practicum placement that commences in the Fall semester. The course is credit-free and offered through TwelveTree Training & Therapy. Please see registration instructions below.

Register in the Athletic Therapy Taping Course

This is another course needed to progress into the next series of courses in the Fall semester. You must register in this course through Reel Massage & Athletic Therapy and it runs from August 8 - 18, 2023, (1:00 pm - 5:30 pm.) **Full attendance is mandatory.** Please see registration instructions below.

Please be aware that you are currently set to "conditional" admission status and will not receive "final" admission until you have successfully completed ATTH 2050, the First Responder for Athletic Therapy course and Taping course. You will need to take this into consideration when making major decisions in relation to your accommodation and travel required in relocating to Calgary.

Course Registration Instructions

It should be noted that registration and payment for both courses will require TWO steps.

Step 1 - Register on the specific website below by **June 1, 2023**

Step 2 - Pay with one of two options: eTransfer or Credit Card

First Responder for Athletic Therapy Course - August 21 - Sept 3 (register by June 1)

How to register (book):

visit www.twelvetree.ca

select "book online"

select "group sessions"

select "MRU First Responder for Athletic Therapy Course"

You need only register for the first day of the course, even though the course is 12 days in total. You should reserve Sunday, September 3, 2023 for a possible retake of the exam if you aren't successful the first time.

Payment options:

1. **Interac e-transfer** (send to sarah@twelvetree.ca, please include student name in the message box).

Total amount: \$1312.50 (\$1250.00 + GST)

2. **Credit card** (please call 825-910-8312 to arrange payment, 3.5% service fee added to amount).

Total amount: \$1358.44 (\$1250.00 + service fee/GST)

Taping Course for Athletic Therapy Course - August 8 - 19 (register by June 1)

How to register (book):

visit www.reelmassage.ca

select "Athletic Therapy Taping Course MRU"

Payment options:

1. **Interac e-transfer** (send to krista.j.burton@gmail.com, please include student name in the message box, no password is required)

Total amount: \$735 (\$700+ GST)

2. **Credit card** (please call 403-819-3999 to arrange payment, 3.5% service fee added to amount).

Total amount: \$760.73 (\$700 + service fee/GST)