

Mount Royal University
Department of Health and Physical Education
GENERAL EDUCATION WORKSHEET



Academic Years 2018-2021

Please use this General Education Worksheet in conjunction with mruGradU8, the Academic Calendar, MyMRU, your program Advising Guide and the BHPE Degree Planner.

FOUNDATION (TIER 1)		Your Choice
Cluster 1	Choose 1 from GNED 1101, 1102 or 1103	GNED 11_____
Cluster 2	Choose 1 from GNED 1201, 1202 or 1203	GNED 12_____
Cluster 3	Choose 1 from GNED 1303 or 1304	GNED 13_____
Cluster 4	Choose 1 from GNED 1401, 1403 or 1404	GNED 14_____
The Numeracy & Scientific Literacy and Communication courses are taken within your first 10 courses at Mount Royal. The Values, Beliefs & Identity and Community & Society courses are taken within your first 20 courses.		Total of four courses.

TIER 2		Your Choice
Cluster 1	Mandatory*	
*Physical Literacy Major students must take PHYL 1512 - Human Anatomy for their Tier 2, Cluster 1 requirement		
		Your Choice
Cluster 2, 3 or 4	Choose from Cluster 2, 3 or 4	
Cluster 2, 3 or 4	Choose from Cluster 2, 3 or 4, must be different from above	
Choose three courses from three different clusters. One course must be selected from the Numeracy & Scientific cluster.		Total of three courses.
*When choosing Tier 2 courses be careful not to pick more than 16, 1000 level courses total for your degree.		

TIER 3 - PART I		Your Choice
Cluster 1, 2, 3 or 4	Choose from any Cluster	
Cluster 1, 2, 3 or 4	Choose from any Cluster, must be different from above	
TIER 3 - PART II		Your Choice
Cluster 1, 2, 3 or 4	Choose from any Cluster	
Now that you have been introduced to an array of subjects, you have the option of narrowing your focus of interest - choose three Gen Ed courses at this level from at least two different clusters. Don't forget to check prerequisites for Tier 3 courses!		Total of three courses.

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In total, students registered in the Bachelor of Health and Physical Education are required to take 10 General Education courses as part of their degree. This applies to the majors in Ecotourism and Outdoor Leadership, Physical Literacy and Sport and Recreation Management. Students in the Athletic Therapy major are required to take a total of 5 General Education courses as part of their degree and can refer to their advising guide for more information.

The General Education program is organized around four thematic clusters which constitute groups or streams of courses:

Numeracy and Scientific Literacy

These courses aim to develop an understanding of theoretical and methodological commitments of the natural sciences and mathematics. They cultivate capacities for scientific and mathematical reasoning, demonstrating the principles of evidence and logic upon which the sciences depend. Not only an enumeration of orthodoxies in various disciplines, these courses acknowledge the successes of science and technology as well identifying some of their limitations. [See the courses.](#)

Values, Beliefs and Identity

These courses provide the opportunity to critically explore the values, beliefs and ideas that shape human experience, including understandings and meaning expressed through art, music, literature, philosophy and critical thought. You will also have opportunity to study the various media through which cultural expression takes place. [See the courses.](#)

Community and Society

Through these courses you will explore the complex intersection of interests and relations that constitute social life - from local community to the globalized network of societies. By studying the interlocking of material, moral, and political factors affecting society at all levels, you will acquire knowledge and skills that help you understand and act in the world in which you are a citizen. [See the courses.](#)

Communication

These courses focus on the development of an undergraduate level of proficiency in written and oral communication across a range of media. They will help you develop a capacity for critical reflection on various media and their uses. Opportunity for study in languages other than English will be available in this thematic cluster. [See the courses.](#)

Intake Year	If your intake year is Fall 2017 or earlier then you have different General Education requirements. Please review the advising guide for your intake year for more information.
Transfer	If you have transfer courses that are sitting in Electives or “Unused” in mruGradU8 and not applying to your General Education requirements you can request to have the General Education Advisor review those courses. Simply send an email (gnedadvising@mtroyal.ca) from your mtroyal email, include your student ID and ask to have your transfer reviewed, they will do the rest.
Minors	If you have declared a minor, plan to overlap your minor requirements with your General Education requirements as much as possible. Anything that is not designated as a General Education course can be used in your Electives.