**Mount Royal University**
**Bachelor of Health and Physical Education**
# ECOTOURISM AND OUTDOOR LEADERSHIP MAJOR
**Academic Year 2022-2023**

Please use this Advising Guide in conjunction with mruGradU8, the Academic Calendar, MyMRU and the BHPE Degree Planner.

**Semesters:** ***Fall = F, Winter = W, Spring = S*** *Course offerings are subject to change from semester to semester
**A maximum of 16 courses (48 credits) may be completed at the 1000-level**

## Year 1:
Register for these Year 1 courses first, then register for courses from the list titled "Courses that can be taken in either Year 1 or Year 2".

| | | |
|---|---|---|
| | HPED 1000 – Issues in Health and Physical Education | ***F (MUST take in Fall of 1st Year)*** |
| | HPED 1070 – Foundations of Outdoor Leadership | ***F (MUST take in Fall of 1st Year)*** |

| | | |
|---|---|---|
| | ETOL 2230 – Sustainable Tourism | ***W (MUST take in Winter of 1st Year)*** |

| | | |
|---|---|---|
| | HPED 1010 – Historical & Philosophical Foundations | ***F/W*** |
| | HPED 1020 – Leadership and Communication | ***F/W*** |
| | HPED 1640 – Program Planning | ***F/W*** |
| | GNED 11XX – General Education, Cluster 1 Foundation Tier | ***F/W/S*** |
| | GNED 12XX – General Education, Cluster 2 Foundation Tier | ***F/W/S*** |
| | GNED 13XX – General Education, Cluster 3 Foundation Tier | ***F/W/S*** |
| | GNED 14XX – General Education, Cluster 4 Foundation Tier | ***F/W/S*** |

| | | |
|---|---|---|
| | HPED 2870 – Intro Backpacking (1.5 Credits) | *(Block week course in August)* |
| | HPED 2880 – Intro Canoeing (1.5 Credits) *(prereq: must be able to swim 100 m)* | *(Block week course in August)* |
| ***These courses take place in August but you register for them under the Fall semester for Year 2.*** | | |

## Year 2:
Register for these Year 2 courses first and then add from the list titled "Courses that can be taken in either Year 1 or Year 2".

| | | |
|---|---|---|
| | ETOL 2270 – Theory and Practice in Leadership | ***F*** |
| | HPED 2884 - Intro Winter Travel (1.5 Credits) | ***W*** |
| | HPED 2030 – Statistics and Research Methods | ***F/W*** |
| | HPED 2050 – Professional Practice *(prereq: HPED 1000 & HPED 1020)* | ***F/W/S and Summer (May-August)*** |

| | | |
|---|---|---|
| | ETOL 3270 – Expedition *(prereq: HPED 1070 & HPED 2870 & HPED 2880)* | *(Offered in May or August)* |

**Courses that can be taken in either Year 1 or Year 2:**

| | | |
|---|---|---|
| | ECOL 1210 – Ecology | ***F*** |
| | HPED 1040 – Wellness & the Student: From Personal Health to Community Action | ***F/W*** |
| | GEOG 1101 – The Physical Environment | ***F/W/S*** |
| | MKTG 2150 – Introduction to Marketing | ***F/W/S*** |
| | General Education Cluster 1 Tier 2 | ***F/W/S*** |
| | General Education Tier 2 | ***F/W/S*** |
| | General Education Tier 2 | ***F/W/S*** |

**If you have questions about mruGradU8 or this Advising Guide, please email your Academic Advisor with your full name, student number and your questions at hpedadvising@mtroyal.ca.**

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## Year 3:

Register for these Year 3 courses first, if you have not completed all of the courses listed in Year 1 and Year 2, complete them in Year 3.

| | | |
|---|---|---|
| | HPED 3630 – Recreation and Sport Tourism | ***F*** |
| | ETOL 3230 – Ecotourism Facilitation Skills *(prereq: ETOL 2230 & ETOL 2270 & HPED 1020)* | ***W*** |
| | HPED 3050 – Practicum *(prereq: HPED 2030 & HPED 2050)* | ***F/W/S and Summer (May - August)*** |

## Year 4:

If you have not completed all of the courses listed in Year 1, Year 2 or Year 3, complete them in Year 4.

| | | |
|---|---|---|
| | ETOL 4270 – Applied Leadership *(prereq: HPED 1640, ETOL 3230, & 40-hour Wilderness First Aid)* | ***F*** |
| | ETOL 5200 – Issues in Ecotourism and Outdoor Leadership *(prereq: HPED 3230 & HPED 3050)* | ***W*** |

**Courses that can be taken in either Year 3 or Year 4:**

| | | |
|---|---|---|
| | HPED 3010 – Sociological Perspectives | ***F/W*** |
| | ENTR 2301 – Innovation and the Entrepreneurial Experience | ***F/W*** |
| | Elective 1 | ***F/W/S*** |
| | Elective 2 | ***F/W/S*** |
| | Elective 3 | ***F/W/S*** |
| | Elective 4 (pick this course from the 2000 level or higher) | ***F/W/S*** |
| | Elective 5 (pick this course from the 2000 level or higher) | ***F/W/S*** |
| | General Education Tier 3 *(please check for prerequisites)* | ***F/W/S*** |
| | General Education Tier 3 *(please check for prerequisites)* | ***F/W/S*** |
| | General Education Tier 3 *(please check for prerequisites)* | ***F/W/S*** |

**Activity Courses - Pick 5 of 6 (7.5 credits total)** ***You can take these 1.5 credit courses in Year 1 to Year 4:***

| | | |
|---|---|---|
| | HPED 2871 – Introductory Mountain Travel | ***W*** |
| | HPED 2872 – Wilderness Survival Techniques | ***W*** |
| | HPED 2873 – Introductory Rock Climbing | ***F/W*** |
| | HPED 2875 – Introductory Mountain Biking | ***F*** |
| | HPED 2881 – Introductory Kayaking | ***W*** |
| | HPED 3884 – Winter Backcountry Travel *(recommended prereq: HPED 2884)* | ***W*** |

**Extra Curricular Graduation Requirements** ***(More information can be found on the HPED Blackboard site)*:**

| | | |
|---|---|---|
| | Expedition II – Unguided 10 day Expedition | ***Anytime after ETOL 3270*** |
| | Current 40hr Wilderness First Aid (must be current at time of graduation) | ***Anytime Year 1-3*** |
| | Advanced Certification (must be current at time of graduation) | ***Anytime Year 1-4*** |

**General Education Requirements:**

- *Foundation Tier (4 courses total)*
  - Choose one course from each Cluster
- *Tier 2 (3 courses total)*
  - One course must be Cluster 1 - Numeracy and Scientific Literacy
  - Remaining two courses must be chosen from two *different* clusters
- *Tier 3 (3 courses total)*
  - Must choose from a minimum of two different clusters

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