

**Mount Royal University**  
**Department of Health and Physical Education**  
**GENERAL EDUCATION WORKSHEET**



Starting Academic Years 2018

A great education doesn't just make you an expert in one area - it gives you a well-rounded knowledge base in a variety of areas. A multidisciplinary, well-rounded education means you'll be better prepared for whatever opportunities come your way and whatever interests you may wish in the present or future to cultivate.

In total, students registered in the Bachelor of Health and Physical Education are required to take **10** General Education courses as part of their degree. This applies to the majors in Ecotourism and Outdoor Leadership, Physical Literacy and Sport and Recreation Management. Students in the Athletic Therapy major are required to take a total of **5** General Education courses as part of their degree, and can refer to their program planning guide for more information.

FOUNDATION (TIER 1)		Your Choice
Cluster 1- Numeracy and Scientific Literacy	Choose 1 from GNED 1101, 1102 or 1103	GNED 11_____
Cluster 2 - Values, Beliefs and Identity	Choose 1 from GNED 1201, 1202 or 1203	GNED 12_____
Cluster 3 - Community and Society	Choose 1 from GNED 1301,1303 or 1304	GNED 13_____
Cluster 4 - Communication	Choose 1 from GNED 1401, 1403 or 1404	GNED 14_____
Cluster 1 and Cluster 4 courses should be taken within your first <b>10</b> courses at Mount Royal. The Cluster 2 and Cluster 3 courses can be taken within your first <b>20</b> courses.		<b>Total of four courses.</b>

TIER 2 - PART I		Your Choice
Cluster 1	Mandatory*	
*Physical Literacy Major students must take PHYL 1512 - Human Anatomy for their Tier 2, Cluster 1 requirement		
TIER 2 - PART II		Your Choice
Cluster 2, 3 or 4	Choose from Cluster 2, 3 or 4	
Cluster 2, 3 or 4	Choose from Cluster 2, 3 or 4, must be different from above	
For Part II, you can choose <b>two</b> courses from Cluster 2, 3 or 4, but the two courses must be from 2 <b>different</b> Clusters.		<b>Total of three courses.</b>
*When choosing Tier 2 courses be careful not to pick more than <b>16</b> , 1000 level courses <b>total</b> for your degree.		

TIER 3 - PART I		Your Choice
Cluster 1, 2, 3 or 4	Choose from any Cluster	
Cluster 1, 2, 3 or 4	Choose from any Cluster, must be different from above	
TIER 3 - PART II		Your Choice
Cluster 1, 2, 3 or 4	Choose from any Cluster	
Now that you have been introduced to an array of subjects, you have the option of narrowing your focus of interest - <b>choose three Gen Ed courses at this level from at least two different clusters.</b> Don't forget to check prerequisites for Tier 3 courses!		<b>Total of three courses.</b>

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Known on campus as Gen Ed, these courses are founded on **four** thematic clusters giving you a wide variety of subject areas to choose from - everything from forensic science to poetry reading and analysis to global entrepreneurship. Whatever courses you choose, you will gain a number of critically important academic skills, and broaden your knowledge base. The General Education structure has been designed so you can tailor your courses to suit your interests and schedule.

<b>Cluster 1 - Numeracy and Scientific Literacy</b>	These courses aim to develop an understanding of theoretical and methodological commitments of the natural sciences and mathematics. They cultivate capacities for scientific and mathematical reasoning, demonstrating the principles of evidence and logic upon which the sciences depend. Not only an enumeration of orthodoxies in various disciplines, these courses acknowledge the successes of science and technology as well identifying some of their limitations. <u><a href="#">See the courses.</a></u>
<b>Cluster 2 - Values, Beliefs and Identity</b>	These courses provide the opportunity to critically explore the values, beliefs and ideas that shape human experience, including understandings and meaning expressed through art, music, literature, philosophy and critical thought. You will also have opportunity to study the various media through which cultural expression takes place. <u><a href="#">See the courses.</a></u>
<b>Cluster 3 - Community and Society</b>	Through these courses you will explore the complex intersection of interests and relations that constitute social life - from local community to the globalized network of societies. By studying the interlocking of material, moral, and political factors affecting society at all levels, you will acquire knowledge and skills that help you understand and act in the world in which you are a citizen. <u><a href="#">See the courses.</a></u>
<b>Cluster 4 - Communication</b>	These courses focus on the development of an undergraduate level of proficiency in written and oral communication across a range of media. They will help you develop a capacity for critical reflection on various media and their uses. Opportunity for study in languages other than English will be available in this thematic cluster. <u><a href="#">See the courses.</a></u>

<b>Making the most of your General Education Requirements:</b>	
<b>Transfer</b>	If you have transfer courses that are sitting in <i>Electives</i> , <i>Fall Through</i> or <i>Unused</i> in <a href="#">mruGradU8</a> you can request to have the <b>General Education Academic Support Coordinator</b> review those courses to apply towards General Education requirements. Simply send an email to <a href="mailto:gnedadvising@mtroyal.ca">gnedadvising@mtroyal.ca</a> asking to have your transfer reviewed. You must send your request from your mtroyal email, and include your student ID.
<b>Minors</b>	If you have declared a minor you should plan to overlap minor requirements with your General Education requirements as much as possible. Anything that is not designated as a General Education course can be used in your Electives.
<b>Learning Communities</b>	Joining a General Education Learning Community (GELC) will help you meet other first-year students, engage with professors and focus your General Education requirements to best complement your interests and major and minor pathways. Over the term you will work with two professors and other students to examine a set of related ideas. GELCs are optional to join, but if you decide to participate you must register for both specific sections of the GNED courses that make up a Learning Community. You can double-check whether a specific GNED section is part of a Learning Community by reviewing the " <i>Course Description</i> " under class details in the Registration Landing Page.