

The **2023 Jayman BUILT Calgary MS Walk** is taking place Sunday May 28th 11:00 AM *tentatively* at North Glenmore Park (*this location is not confirmed*).

The MS Walk is a community-driven event for people living with or affected by Multiple Sclerosis as well as those who want to support our vision of creating a world free of MS. Tens of thousands of Canadians come together in their communities every May to participate, fundraise and volunteer in MS Walk to help find the cause and cure for this disease. These events would not be possible without the support of hundreds of dedicated volunteers given their time.

There are various areas where volunteer help is needed to ensure that this event runs smoothly and participants have a great experience while they are walking to raise critical funds to support those effected by MS.

Site Set Up/Wrap Up Crew:

- Unloading supplies and equipment
- Helping set up/tear down tents, tables, chairs, banner & signs
- Decorating and tidying the site, clean up post event

Parking Attendants:

• Directing traffic to parking spots

Check in:

- Managing check in line ups and directing participants
- Provide event info to participants and answer any questions
- Making a donation ask to participants who have not yet donated or fundraised

Checkpoint Set up/Attendants:

- Help load/unload event vehicles with supplies
- Set up and clean up checkpoint area
- Greet and cheer on participants

Route Marshalls:

- Help set up directional signage along route
- Alert participants at heavy traffic areas, hazards or changes on the route
- If needed, alert traffic that participants are crossing intersections. Route marshal should not attempt to stop oncoming traffic
- Cheer on participants

Photographers and Assistants:

- Take photos of teams and participants at the start/finish line
- Capture general images of event participants and volunteers
- Encourage participants and teams to have their photos taken
- Help control line ups and sort through team name signs

Floater:

• Being flexible to fill any gaps as they arise

Food & Beverage:

- Set up food, beverage and supplies, restocking and cleaning away litter
- Help to clean up after event

Kids Activity Area:

Ensuring the kids have a memorable experience by interacting with them and facilitating games and activities



Start/Finish Line Cheer Squad:

• Cheer participants as they head out on the route and as they return

Volunteer Check-in:

- When volunteers arrive, check off name on volunteer attendance list
- Make sure that everyone has completed a volunteer information form
- Hand out volunteer t-shirt, name tag and student letter
- Provide volunteer with their assignment and direct them to the designated area

Interested? Here's what we're looking for:

- Energizing and Positive Attitude. A friendly face helps create a fun atmosphere!
- Passion for supporting the MS Community and funding MS research
- Self-motivated and reliable; able to fulfill duties on time
- Previous experience managing people is considered an asset

Time Commitment:

Attend the event on Sunday, May 28, 2023 for anywhere from 2-8 hours depending on your shift and commitment desire

Why Volunteer?

- Gain valuable experience and skills by supporting the organization of a well-recognized signature event while working with experienced organizing team members and comprehensive resources
- Contribute your time to an important cause and see your impact on the organization
- Obtain a reference letter
- Build a strong network and connect with the MS community

Sign up to volunteer today and help create positive change! For more detailed information please contact:

Amanda Hibbs

Amanda.hibbs@mscanada.ca

Or Visit our Volunteer Website to view all the role descriptions & shifts and sign up directly: Calgary Volunteer

MS Canada is dedicated to encouraging a supportive and inclusive culture where people from all backgrounds can thrive.

Our aim is to ensure that all those interested in joining our team are given equal opportunity and that our organization is representative of all sections of society. We encourage all qualified applicants to apply.

We are committed to accommodating applicants' needs throughout the selection process. Please contact <u>volunteer@mssociety.ca</u> should you need accommodation.

To learn more about MS Canada and the great work that we do, we encourage you to visit www.mssociety.ca.