

# Understanding My Coverage



December 3, 2020

## Updates to the Personal Spending Account list of eligible expenses

We're updating the Personal Spending Account (PSA) list of eligible expenses, effective February 1, 2021.

### What's changing?

- Fitness services: adding registration fees for virtual fitness classes
- Fitness equipment: modifying the fitness-related apparel example
- Health products and services: adding maternity services and accessories
- Health products and services: modifying vitamins and supplements to include blenders and juicers
- Health products and services: adding examples to the health, fitness and lifestyle assessments
- Education and personal development: adding home office equipment
- Education and personal development: improving the reading materials description
- Education and personal development: adding online audio materials
- Education and personal development: adding music streaming services
- Work-life balance: adding examples to childcare expenses
- Work-life balance: adding food delivery services
- Safety initiatives: changing the personal protective equipment description
- Safety initiatives: adding personal protective equipment
- Financial: adding Registered Disability Savings Plan (RDSP) contributions
- Financial: adding fraud protection services
- Green living: adding home insulation materials for heating or cooling
- Green living: adding air purification system and installation costs

### Why are we making changes?

We're making changes to respond to your changing needs. With the COVID-19 pandemic, some of these changes will help you cover expenses relating to the "new normal." We're also responding to requests to include examples and clarify certain subcategories.

Group Benefits are provided by Sun Life Assurance Company of Canada, a member of the Sun Life group of companies.



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If you'd like to claim expenses, you can do so through **my Sun Life mobile app**. Or you can visit **[mysunlife.ca](https://mysunlife.ca)** and follow the prompts.

## **Questions? We're here to help.**

Please contact the Client Care Centre at 1-800-361-6212, Monday to Friday, 8 a.m. to 8 p.m. ET.

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