



MOUNT ROYAL
UNIVERSITY

Faculty of Arts

Bachelor of Arts in Psychology

120 credits—40 classes

2025-2026 Year of Entry

Psychology (17 - 21 courses)

Please note: A minimum C is required in all core PSYC prefix courses.

See page 2 for course options.

1. PSYC 1104—Psychology I
2. PSYC 1106—Psychology II
3. PSYC 2210—Statistical Methods for Psychology I
4. PSYC 2211—Statistical Methods for Psychology II
5. PSYC 2213—Research Methods I
6. PSYC 2235—Life-span Development
7. PSYC 2245—Social Psychology
8. PSYC 2265—Cognitive Psychology
9. PSYC 2275—Foundations of Biopsychology
10. PSYC 2283—Personality
11. PSYC 2285—Psychopathology
12. PSYC 3000 level _____
13. PSYC 3000 level _____
14. PSYC 4000 level _____
15. PSYC 4000 level _____
16. PSYC option _____
17. Indigenous Topic course _____

Any additional PSYC courses completed beyond the possible 17 are recorded as General Education or electives.

General Education (10 courses)

The list of approved General Education courses can be found in the academic calendar.

Tier 1 Foundation (4 courses)

One (1) approved course from each cluster

Cluster 1 _____

Cluster 2 _____

Cluster 3 _____

Cluster 4 _____

Tier 2 (3 courses)

Three (3) approved Tier 2 courses, one must be from Cluster 1

Cluster 1 _____

Two Tier 2 courses chosen from two of Cluster 2, 3 or 4 (no duplicate clusters)

_____ Cluster ____

_____ Cluster ____

Tier 3 (3 courses)

Three (3) approved Tier 3 courses from at least two different clusters

_____ Cluster _____

_____ Cluster _____

_____ Cluster _____

Electives (9-13 courses)

Any three credit post-secondary level course
The number of electives depends on the number of courses taken in the major. Honours stream 9 electives.

- | | |
|----------|-----------|
| 1. _____ | 8. _____ |
| 2. _____ | 9. _____ |
| 3. _____ | 10. _____ |
| 4. _____ | 11. _____ |
| 5. _____ | 12. _____ |
| 6. _____ | 13. _____ |
| 7. _____ | |

For Honours, students must complete 21 major requirements including those listed above and the following requirements:

One of: (in place of one of the PSYC 3000 level listed above)

PSYC 3305 - History of Psychological Thought

PSYC 4405 - Psychometrics

PSYC 4410 - Introduction to Qualitative Research Methods

Plus:

PSYC 4412—Advanced Statistics

PSYC 4413—Research Methods II

PSYC 5110—Honours Seminar I

PSYC 5120—Honours Seminar II

Contact the Psychology advisor about entry to Honours.



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Psychology Courses

Level/category List of courses to choose from

3000/4000 level	<p>PSYC 3199—Directed Readings</p> <p>PSYC 3301—Learning and Behaviour</p> <p>PSYC 3302—Psychopharmacology</p> <p>PSYC 3305—History of Psychological Thought</p> <p>PSYC 3320—Psychology of Death and Dying</p> <p>PSYC 3324—Motivation and Emotion</p> <p>PSYC 3327—Psychology of Sexuality</p> <p>PSYC 3331—International Field School in Psychology</p> <p>PSYC 3341—The Psychology of Language</p> <p>PSYC 3343—Psychology of Social Media</p> <p>PSYC 3344—Environmental Psychology</p> <p>PSYC 3346—Social Influence and Persuasion</p> <p>PSYC 3351—Topics in Child Development</p> <p>PSYC 3353—Topics in Aging</p> <p>PSYC 3355—Topics in Adolescence</p> <p>PSYC 3357—The Biopsychology of Everyday Living</p> <p>PSYC 3358—Health Psychology</p> <p>PSYC 3367—Human Memory</p> <p>PSYC 3369—Sensation and Perception</p> <p>PSYC 3380—Indigenous Psychology</p> <p>PSYC 3390—Sport Psychology</p> <p>PSYC 3400—The Psychology of People in the Workplace</p> <p>PSYC 3404—Effective Communication for Psychology</p> <p>PSYC 3406—Introduction to Counselling and Psychotherapy</p> <p>PSYC 3501—The Psychology of Parenting: WIL</p> <p>PSYC 3502—Determinants of Addictions: WIL</p>	<p>PSYC 4199—Directed Readings</p> <p>PSYC 4403—Advanced Biopsychology</p> <p>PSYC 4404—The Self</p> <p>PSYC 4405—Psychometrics</p> <p>PSYC 4408—The Digital Frontier: Perception, Virtual Reality & AI in Psychology</p> <p>PSYC 4410—Introduction to Qualitative Research Methods</p> <p>PSYC 4411—Learning and Behaviour Work Experience</p> <p>PSYC 4412—Advanced Statistical Methods for Psychology</p> <p>PSYC 4413—Research Methods II</p> <p>PSYC 4415—Psychology of Trauma</p> <p>PSYC 4422—General Psychology Work Experience</p> <p>PSYC 4451—Atypical Child Development</p> <p>PSYC 4455—Atypical Adolescent Development</p> <p>PSYC 4465—Advanced Topics in Cognition</p> <p>PSYC 4474—Contemporary Issues in Human Development</p> <p>PSYC 4483—Advanced Topics in Social Psychology</p> <p>PSYC 4484—The Psychology of Happiness</p> <p>PSYC 4485—Advanced Psychopathology</p> <p>PSYC 4900—Advanced Topics in Infancy and Toddlerhood</p> <p>PSYC 4901—Advanced Topics in Child Development</p> <p>PSYC 4945—Advanced Topics in Infant & Child Social Development</p>
Indigenous Topic course	<p>ANTH 2213 - Contemporary Aboriginal Issues in Canada</p> <p>ANTH 2214 - Ethnography of the Northwest Coast</p> <p>ANTH 2255 - An Ethnographic Survey of Native North America</p> <p>ANTH 3319 - Ethnography of the Great Plains</p> <p>ENGL 2253 - Indigenous Literatures in Canada</p> <p>ENGL 3353 - North American Indigenous Literatures</p> <p>FILM 2231 - Indigenous Film</p> <p>HIST 2215 - History of the People of the Plains: Treaty 7 Field Course</p> <p>HIST 2221 - Indigenous Settler Relations: 1497-1877</p>	<p>HIST 2234 - The Canadian State and Indigenous Peoples from Treaty 7 to the Truth and Reconciliation Commission</p> <p>HIST 3345 - Indigenous Histories of Canada: Settler Colonialism and Indigenous Nationhood in Northern North America</p> <p>HIST 3346 - Indigenous People in Latin America</p> <p>PSYC 3380 - Indigenous Psychology</p> <p>SLGY 2250 - The Sociology of Indigenous Peoples</p> <p>Any INST prefix course</p> <p>Another Indigenous course offered in the Faculty of Arts on Approval by the Department of Psychology</p>

- Only 16 courses can be at the junior/first-year level (1000). Maximum PSYC allowed is 24.
- Thirty-two (32) courses must from the Faculties of Arts or Science or be designated General Education courses.
- Use this planning guide in coordination with mruGradU8. Save a copy of the audit every term prior to registering for classes.
- If interested in a minor, Honours, or a double major, seek academic advising from the Psychology advisor.

This information is available in the Academic Calendar 2025-2026. If there are discrepancies between information on this program planning page and the academic calendar, the academic calendar is deemed correct.

Updated April 2025