



MOUNT ROYAL
UNIVERSITY

Faculty of Arts

Bachelor of Arts in Psychology

120 credits—40 classes

2026-2027 Year of Entry

Psychology (17 - 21 courses)

Please note: A minimum C is required in all core PSYC prefix courses.

See page 2 for course options.

1. PSYC 1104—Psychology I
2. PSYC 1106—Psychology II
3. PSYC 2210—Statistical Methods for Psychology I
4. PSYC 2211—Statistical Methods for Psychology II
5. PSYC 2213—Research Methods I
6. PSYC 2235—Life-span Development
7. PSYC 2245—Social Psychology
8. PSYC 2265—Cognitive Psychology
9. PSYC 2275—Foundations of Biopsychology
10. PSYC 2283—Personality
11. PSYC 2285—Psychopathology
12. PSYC 3000 level _____
13. PSYC 3000 level _____
14. PSYC 4000 level _____
15. PSYC 4000 level _____
16. PSYC option _____
17. Indigenous Topic course _____

Any additional PSYC courses completed beyond the possible 17 are recorded as General Education or electives.

General Education (10 courses)

The list of approved General Education courses can be found in the academic calendar.

Tier 1 Foundation (4 courses)

One (1) approved course from each cluster

Cluster 1 _____

Cluster 2 _____

Cluster 3 _____

Cluster 4 _____

Tier 2 (3 courses)

Three (3) approved Tier 2 courses, one must be from Cluster 1

Cluster 1 _____

Two Tier 2 courses chosen from two of Cluster 2, 3 or 4 (no duplicate clusters)

_____ Cluster ____

_____ Cluster ____

Tier 3 (3 courses)

Three (3) approved Tier 3 courses from at least two different clusters

_____ Cluster _____

_____ Cluster _____

_____ Cluster _____

For Honours, students must complete 21 major requirements including those listed above and the following requirements:

One of: (in place of one of the PSYC 3000 level listed above)

PSYC 3305 - History of Psychological Thought

PSYC 4405 - Psychometrics

PSYC 4410 - Introduction to Qualitative Research Methods

Plus:

PSYC 4412—Advanced Statistics

PSYC 4413—Research Methods II

PSYC 5110—Honours Seminar I

PSYC 5120—Honours Seminar II

Contact the Psychology advisor about entry to Honours. Admission is required. Go to the [Department website](#) for more information.

Electives (9-13 courses)

Any three credit post-secondary level course
The number of electives depends on the number of courses taken in the major. Regular stream = 13 electives. Honours stream = 9 electives.

1. _____ 8. _____

2. _____ 9. _____

3. _____ 10. _____

4. _____ 11. _____

5. _____ 12. _____

6. _____ 13. _____

7. _____



Psychology Courses

Level/ category	SEM	List of courses to choose from	SEM
3000-level Or 4000-level	F	PSYC 3199-Directed Readings	N/A
	W	PSYC 3301-Learning and Behaviour	FW
	W	PSYC 3302-Psychopharmacology	W
	FWSp	PSYC 3305-History of Psychological Thought	FW
	N/A	PSYC 3320-Psychology of Death and Dying	F
	N/A	PSYC 3324-Motivation and Emotion	W
	N/A	PSYC 3327-Psychology of Sexuality	FW
	FW	PSYC 3331-International Field School in Psychology	FW
	FW	PSYC 3341-The Psychology of Language	FW
	N/A	PSYC 3343-Psychology of Social Media	N/A
	W	PSYC 3344-Environmental Psychology	W
	FW	PSYC 3346-Social Influence and Persuasion	N/A
	FW	PSYC 3351-Topics in Child Development	F
	FW	PSYC 3353-Topics in Aging	YD
	W	PSYC 3355-Topics in Adolescence	FW
	W	PSYC 3357-The Biopsychology of Everyday Living	F
	W	PSYC 3358-Health Psychology	FWSp
	FWSp	PSYC 3369-Sensation and Perception	N/A
	F	PSYC 3380-Indigenous Psychology	YD
	W	PSYC 3390-Sport Psychology	YD
	FW	PSYC 3400- The Psychology of People in the Workplace	
	FW	PSYC 3404-Effective Communication for Psychology	
	FW	PSYC 3406-Introduction to Counselling and Psychotherapy	
	W	PSYC 3501-The Psychology of Parenting: WIL	
	F	PSYC 3502- Determinants of Addictions: WIL	
		PSYC 4199-Directed Readings	
		PSYC 4403-Advanced Biopsychology	
		PSYC 4404-The Self	
		PSYC 4405-Psychometrics	
		PSYC 4408-Virtual Reality & AI in Psychology	
		PSYC 4410-Introduction to Qualitative Research Methods	
		PSYC 4411-Learning and Behaviour Work Experience	
		PSYC 4412-Advanced Statistical Methods for Psychology	
		PSYC 4413-Research Methods II	
		PSYC 4415-Psychology of Trauma	
		PSYC 4422-General Psychology Work Experience	
		PSYC 4451-Atypical Child Development	
		PSYC 4455-Atypical Adolescent Development	
		PSYC 4465-Advanced Topics in Cognition	
		PSYC 4474-Contemporary Issues in Human Development	
		PSYC 4483-Advanced Topics in Social Psychology	
		PSYC 4484-The Psychology of Happiness	
		PSYC 4485-Advanced Psychopathology	
		PSYC 4900-Advanced Topics in Infancy and Toddlerhood	
		PSYC 4901-Advanced Topics in Child Development	
		PSYC 4945-Advanced Topics in Infant & Child Social Development	

*Note:
Typical
offering
pattern.
Subject to
change
based on
Faculty
availability.*

Legend:
SEM = semester offered
F = Fall
W= Winter
Sp = Spring
YD = Year dependent
N/A = not available for the foreseeable future

Indigenous
Topic
course

ANTH 2213 - Contemporary Aboriginal Issues in Canada
ANTH 2214 - Ethnography of the Northwest Coast
ANTH 2255 - An Ethnographic Survey of Native North America
ANTH 3319 - Ethnography of the Great Plains
ENGL 2253 - Indigenous Literatures in Canada
ENGL 3353 - North American Indigenous Literatures
FILM 2231 - Indigenous Film
HIST 2215 - History of the People of the Plains: Treaty 7 Field Course
HIST 2221 - Indigenous Settler Relations: 1497-1877

HIST 2234 - The Canadian State and Indigenous Peoples from Treaty 7 to the Truth and Reconciliation Commission
HIST 3345 - Indigenous Histories of Canada: Settler Colonialism and Indigenous Nationhood in Northern North America
HIST 3346 - Indigenous People in Latin America
PSYC 3380 - Indigenous Psychology
SLGY 2250 - The Sociology of Indigenous Peoples
Any INST prefix course
Another Indigenous course offered in the Faculty of Arts on Approval by the Department of Psychology

- Only 16 courses can be at the junior/first-year level (1000). Maximum PSYC allowed is 24.
- Thirty-two (32) courses must be from the Faculties of Arts or Science or be designated General Education courses.
- Use this planning guide in coordination with mruGradU8. Save a copy of the audit every term prior to registering for classes.
- If interested in a minor, Honours, or a double major, seek academic advising from the Psychology advisor.