



Bachelor of Arts in Psychology

120 credits—40 classes

Program Requirements for 2025-2026 Year of Entry and Onwards

Psychology (16-20 courses)

Please note: A minimum C is required in all major courses.

1. PSYC 1104—Introductory Psychology I
2. PSYC 1106—Introduction to Psychology II: Career Readiness - Work Integrated Learning
3. PSYC 2210—Statistical Methods for Psychology I
4. PSYC 2211—Statistical Methods for Psychology II
5. PSYC 2213—Research Methods I
6. PSYC 2235—Life-span Development
7. PSYC 2245—Social Psychology
8. PSYC 2265—Cognitive Psychology
9. PSYC 2275—Foundations of Biopsychology
10. PSYC 2283—Personality
11. PSYC 2285—Psychopathology
12. PSYC 3000 level _____
13. PSYC 3000 level _____
14. PSYC option _____
15. PSYC 4000 level _____
16. PSYC 4000 level _____

Any additional PSYC courses completed beyond the minimum of 16 are recorded as electives.

An Indigenous Requirement for graduation must be completed. This course may count as an Elective or General Education requirement depending on the designation. The courses below can be used to fulfill this requirement:

- ANTH 2213, 2214, 2255, 3319
- ENGL 2253, 3353
- FILM 2231
- HIST 2215, 2221, 2234, 3345, 3346
- INST 1101, 1111,
- PSYC 3380
- SLGY 2250

General Education (10 courses)

The list of approved General Education courses can be found online at mtroyal.ca/gened/courses.

Tier 1 Foundation (4 courses)

One (1) approved course from each cluster

Cluster 1 _____

Cluster 2 _____

Cluster 3 _____

Cluster 4 _____

Tier 2 (3 courses)

Three (3) approved Tier 2 courses, one must be from Cluster 1

Cluster 1 _____

Two Tier 2 courses chosen from two of Cluster 2, 3 or 4 (no duplicate clusters)

_____ Cluster ____

_____ Cluster ____

Tier 3 (3 courses)

Three (3) approved Tier 3 courses from at least two different clusters

_____ Cluster ____

_____ Cluster ____

_____ Cluster ____

Electives (10-14 courses)

Any three credit post-secondary level course

The number of electives depends on the number of courses taken in the major. Honours stream 10 electives.

1. _____ 8. _____

2. _____ 9. _____

3. _____ 10. _____

4. _____ 11. _____

5. _____ 12. _____

6. _____ 13. _____

7. _____ 14. _____

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Non-specific Psychology requirements

3 x PSYC

Chosen from any level including those listed in the 4000-level below

2 x 4000-level PSYC

List of courses to choose from

PSYC 3199—Directed Readings
 PSYC 3301—Learning and Behaviour
 PSYC 3302—Psychopharmacology
 PSYC 3305—History of Psychological Thought
 PSYC 3311—Introduction to Qualitative Research Methods for Psychology
 PSYC 3320—Psychology of Death and Dying
 PSYC 3324—Motivation and Emotion
 PSYC 3327—Psychology of Sexuality
 PSYC 3331—International Field School in Psychology
 PSYC 3341—The Psychology of Language
 PSYC 3343—Psychology of Social Media
 PSYC 3344—Environmental Psychology
 PSYC 3346—Social Influence and Persuasion
 PSYC 3351—Topics in Child Development
 PSYC 3353—Topics in Aging
 PSYC 3355—Topics in Adolescence
 PSYC 3357—The Biopsychology of Everyday Living
 PSYC 3358—Health Psychology
 PSYC 3367—Human Memory
 PSYC 3369—Sensation and Perception
 PSYC 3380—Indigenous Psychology
 PSYC 3390—Sport Psychology
 PSYC 3400—The Psychology of People in the Workplace
 PSYC 3404—Effective Communication for Psychology
 PSYC 3406—Introduction to Counselling and Psychotherapy

 PSYC 4199—Directed Readings
 PSYC 4401—Social Cognition
 PSYC 4403—Advanced Biopsychology
 PSYC 4404—The Self
 PSYC 4405—Psychometrics
 PSYC 4408—The Digital Frontier: Perception, Virtual Reality and AI in Psychology
 PSYC 4411—Learning and Behaviour Work Experience
 PSYC 4412—Advanced Statistical Methods for Psychology
 PSYC 4413—Research Methods II
 PSYC 4422—General Psychology Work Experience
 PSYC 4427—Advanced Topics in the Psychology of Sexuality
 PSYC 4451—Atypical Child Development
 PSYC 4455—Atypical Adolescent Development
 PSYC 4465—Advanced Topics in Cognition
 PSYC 4483—Advanced Topics in Social Psychology
 PSYC 4484—The Psychology of Happiness
 PSYC 4485—Advanced Psychopathology
 PSYC 4900—Advanced Topics in Infancy and Toddlerhood
 PSYC 4901—Advanced Topics in Child Cognitive Development

- Only 16 courses can be at the junior/first-year level (1000). The maximum PSYC courses allowed is 24.
- 32 courses must be from the Faculties of Arts or Science or be designated General Education courses.
- Use this planning guide in coordination with mruGradU8. Save a copy of the audit every term prior to registering for classes.
- If interested in a minor, honours, or a double major seek academic advising from the Psychology advisor.
- For Honours, students must complete 20 Psychology courses including those listed above and the following requirements: PSYC 3305-History of Psychological Thought (fulfills one of the PSYC options), PSYC 4412-Advanced Statistics, PSYC 4413-Research Methods II, PSYC 5110-Honours Seminar I, PSYC 5120-Honours Seminar II