

## Advising FAQs

### 1. What is an advisor?

There are a few different types of advisors at MRU:

**Psychology Advisors** are faculty members in the Department of Psychology. We know the Psychology program inside out. We can help you with course planning, graduation requirements, and thinking about next steps.

**The Arts Advisor** is the advisor for the Faculty of Arts. She works with incoming students, students who have undeclared majors, and can also help students who have questions about different majors and minors in Arts.

**The Central Advising Office** can help you with majors and minors outside of Arts and can be of assistance if you are thinking about switching majors.

### 2. Who is my advisor?

If your last name begins with A-Lh, Carrie Scherzer is your Psychology advisor.

If your last name begins with Li-Z, Cass Foursha-Stevenson is your Psychology advisor.

### 3. How do I get in touch with my advisor?

Email us! You might be surprised at just how many of your questions we can answer over email. We're also happy to meet with you (in-person &/or virtually). But start with an email and we'll take it from there:

If your last name begins with A-Lh, email Carrie at [cscherzer@mtroyal.ca](mailto:cscherzer@mtroyal.ca)

If your last name begins with Li-Z, email Cass at [cfourshastevenson@mtroyal.ca](mailto:cfourshastevenson@mtroyal.ca)

You can also email the Arts Advisor at [artsadvising@mtroyal.ca](mailto:artsadvising@mtroyal.ca)

### 4. What PSYC classes should I be taking this (first) year?

In the fall, you should be taking PSYC 1103.

In the winter, you should be taking PSYC 1104.

### 5. What other classes should I be taking this (first) year?

First year is a great time to take some Gen Ed classes, as well as electives in areas that interest you. If you are taking 5 classes per term, taking two Gen Eds and two electives, in addition to your PSYC class, will set you up for success down the line.

### 6. Can I really complete my degree in 4 years?

You sure can, but it will take some planning. Some of the courses need to be taken in a particular sequence, and tend to have more sections in the fall or winter accordingly. If you want to graduate in four years, you **MUST** take:

First year: PSYC 1103 (fall) & PSYC 1104 (winter)

Second year: PSYC 2210 (fall) & PSYC 2211 + PSYC 2213 (winter)

You should also be taking your other 2000-level PSYC classes over second and third year.

Completing these courses in sequence and in your first two years will give you the basics and some of the pre-requisites you will need for third and fourth year classes.

#### 7. How can I tell if I am on track with completing my degree?

You can always check your degree progress on MRUgradU8 – you'll find a link to it on MyMRU. You can also download the Program Planning sheet and fill it in as you progress through your degree.

#### 8. What is Honours and what should I know about it?

The Honours program in Psychology is an option for students who would like to gain more extensive knowledge and practice in Psychology. Students must apply to the program (competitive admission) and take additional classes in Statistics, Research Methods, and the History of Psychology. In addition, students will complete two semesters of Honours Seminars in their last year, as well as a thesis project with a faculty supervisor. Please talk with your advisor **early** in your program if you are considering Honours, as courses need to be taken in a particular sequence.

You can check out information about the Honours program here:

<https://www.mtroyal.ca/ProgramsCourses/FacultiesSchoolsCentres/Arts/Departments/Psychology/PsychologyHonours/index.htm>

#### 9. Where can I find more information?

<https://www.mtroyal.ca/ProgramsCourses/FacultiesSchoolsCentres/Arts/Departments/Psychology/Advising/index.htm>

<http://www.mtroyal.ca/beadvised>



The Psychology Department Advising Webpage contains links to:

- MRU Academic Calendar
- PSYC program planning sheets (BA and Honours)
- Course Descriptions
- And more...