

MRU Research Participants Health Declaration Form

Following guidance from Alberta Health Services, people are required to screen for COVID-19 symptoms before coming to campus or participating in research activities. If you have been isolated or tested positive for COVID-19, you may be asked to consult a physician before participating in any activities associated with Mount Royal University.

The personal information that you provide in this form is collected under the authority of the Post-Secondary Learning Act and the Freedom of Information and Protection of Privacy (FOIP) Act - section 33(c). The information will be used to comply with Alberta Health Services' directives during the coronavirus pandemic. Collected personal information is protected from unauthorized access, collection, use and disclosure in accordance with the FOIP Act and can be reviewed upon request, subject to the provisions under the Act. Questions about this form can be directed to Environmental Health and Safety, 403-440-6038 or EHS@mtroyal.ca.

Email address/Phone number: _____

First and last name: _____

Full name of the MRU Researcher: _____

Symptoms of COVID-19

Severe symptoms:

- Severe difficulty breathing or shortness of breath
- Severe chest pain
- Confusion or lost consciousness
- Extreme fatigue
- Fever
- New onset of cough or worsening of chronic cough
- Sore throat
- Runny nose that cannot be explained by chronic conditions (e.g., allergies)
- Chronic health conditions that you are having trouble managing because of your current respiratory illness (e.g., worsening shortness of breath, worsening chronic cough)

Mild to moderate symptoms (especially when cannot be explained otherwise, such as chronic conditions including allergies or lung disease, or muscle discomfort related to an injury):

- Chills
- Painful swallowing
- Stuffy nose
- Headache
- Muscle or joint ache
- Feeling unwell, fatigued
- Nausea, vomiting, diarrhea or unexplained loss of appetite
- Loss of sense of smell or taste
- Conjunctivitis (pink eye)

Are you experiencing any of the above symptoms (new, or worse than normal)? *

Yes

No

International travel or close contact

Close contact is defined as:

- Providing care for an infected person without consistent and appropriate use of personal protective equipment
- Lived with or otherwise had prolonged contact within two metres of a person while they were infectious
- Had direct contact with infectious bodily fluids of the person (e.g., coughed or sneezed on) while not wearing personal protective equipment

In the past 14 days, did you return from travel outside of Canada or did you have close contact with someone who is confirmed as having COVID-19? *

Yes

No

If you answered Yes to either of the questions above, please contact AHS, and advise your Mount Royal University contact prior to meeting on or off campus.