SAMRU Food Drive

Main Care Cupboard - Wish list/Items in Need List
*** = higher demand items, 2 points for donating these items!!**

Food:
- Canned vegetables
- Rice - small bags*
- Pasta and pasta sauce*
- Cereal
- Gluten-free cereal*
- Canned meats*
- Canned soup
- Peanut Butter
- Canned fruit
- Any shelf stable food items that are not opened, dented, or expired*

Hygiene
- Shampoo and conditioner*
- Soaps/Body wash*
- Deodorant*
- Tooth paste
- Tooth brushes
- Floss*
- Disposable razors
- Menstrual pads* - we have lots of tampons!
- Any miscellaneous hygiene or home items (garbage bags, dish soap, dryer sheets, et

samru students' association of mount royal university