

## TVP Alumni Activity Group

Keep up the friendships you made in the Transitional Vocational Program and develop new ones, too. This group is all about socializing. It meets with a facilitator twice a month to plan and then carry out a group activity together.

You'll try new things and learn about activities and facilities around Calgary. You will also improve your communication and teamwork skills. This course takes place on the Mount Royal campus, as well as in the community.

## Is this group for you?

- » Do you want to have fun?
- » Do you like trying new activities?
- » Do you want to keep in touch with friends you've made at TVP and make some new ones, too?
- » Do you want to keep improving your skills in communication and teamwork?
- » Do you want to learn more about things to do around Calgary?

