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SPIRITS CIDER BEER FESTIVAL

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LEARNING CURVE

Dementia certificate supports caregivers

Whether on a personal or professional level, supporting someone with dementia can be challenging.

With an aging population, this is a situation more and more people will face in coming years.

The statistics are staggering. According to a report by the Alzheimer Society of Canada, by 2031 an estimated 937,000 Canadians will be living with a dementia, a 66 per cent increase from the 564,000 who did so in 2016.

"We need to remember that these numbers represent those living with a dementia, but don't include those that love and care for

them. It's something to consider, especially since September is World Alzheimer's Month," says Cindy Campbell, program co-ordinator with the Faculty of Continuing Education and Extension at Mount Royal University.

"Designed to support caregivers as well as professionals, our dementia care certificates provide research-based best practices for patient- and family-centred care."

The dementia care certificate of completion offers a community of support to those whose lives are touched by dementia.

Students share and learn from each other while discussing how the course content can



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be applied in their own situations.

In the advanced topics in dementia care extension certificate, professionals build practical skills through engaging with their fellow learners to explore content based on current research.

"All courses in our dementia certificates

are offered online, which provides educational opportunities for learners regardless of location," Campbell says.

"Each program is offering two courses this fall. Although the first started on Sept. 17, we'll accept registration until Sept. 20."

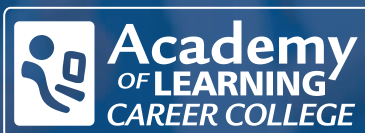
Visit mru.ca/dementia for details.

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Become a more effective adult educator at MRU

Standing in front of a room full of colleagues — or worse, strangers — can be a nerve-jangling proposition.

Gaining confidence in your teaching and training skills smooths those jitters, allowing you to communicate more effectively in your role as a facilitator of adult learning.

That's where the adult educator seminar series certificate of completion at Mount Royal University comes in.

"Having a toolkit stocked with effective strategies and interesting ideas for adult learning puts you at the head of the class," says Pam Karlenzig, program co-ordinator with Mount Royal's Faculty of Continuing Education and Extension.

"This is a short, accessible program designed to build strategies and techniques that you can use to deliver effective learning opportunities, whether you're in a workplace, community or educational setting."

Taught by well-reviewed instructors, the affordable certificate can be completed in-class (nine required courses, plus two optional courses, for a total of 33 hours) or online (three courses totalling 36 hours).

In the spring and summer semesters,



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Mount Royal offers the program via Fast Track, which means you can complete the certificate in just five days.

"With courses ranging from classroom presentation skills to culturally responsive facilitation, the seminar series provides valuable information and professional development, whether you're in workplace training or volunteer with a non-profit organization," Karlenzig says.

"Our students really appreciate the interactive, engaging course material that delivers the knowledge and skills they need. And with a focus on the practical, you can put what you learn to work right away."

Visit mru.ca/AdultEducator for details.